

Young Living Essential Oils Certified as GRAS Generally Regarded as Safe or as Food Additives by the FDA

Single Oils

Anise	GS	FA	Jasmine	GS	FA	Tangerine	GS	FA
Angelica	GA	FA	Juniper	GS	FA	Tarragon	GS	FA
Balsam Fir		FA	Laurus nobilis	GS	FA	Thyme	GS	FA
Basil	GS	FA	Lavender	GSL	FA	Tsuga	GS	FA FL
Bergamot	GS	FA	Lavandin	GS	FA	Valerian	GS	FA FL
Cajuput		FA	Lemon	GS	FA	Vetiver	GS	FA FL
Cardamom		FA	Lemongrass	GS	FA	Wintergreen		FA
Carrot Seed		FA	Lime	GS	FA	Yarrow	GS	FA
Cassia	GS	FA	Mandarin	GS	FA	Ylang ylang	GS	FA
Cedarwood		FA	Majoram	GS	FA			
Celery seed	GS	FA	Melaleuca		FA			
Chamomile, Roman	GS	FA	Mountain Savory		FA	Essential Oil Blends		
Chamomile, German	GS	FA	Melissa	GS	FA	Abundance	GS	
Cinnamon bark & leaf	GS	FA	Myrrh	GS	FA FL	Believe		FA
Cistus		FA	Myrtle	GS	FA	Citrus Fresh	GS	
Citronella	GS	FA	Neroli	GS	FA	Christmas Spirit	GS	
Citrus rind	GS	FA	Nutmeg	GS	FA	Di-Gize	GS	
Clary Sage	GS	FA	Onycha	GS	FA	EndoFlex	GS	
Clove	GS	FA	Orange	GS	FA	Gratitude		FA
Copaiba	GS	FA	Oregano	GS	FA	Joy	GS	
Coriander	GS	FA	Palmarosa	GS	FA	Juva Cleanse	GS	

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Cumin	GS	FA	Patchouli	GS	FA FL	Longevity	GS	
Dill	GS	FA	Pepper	GS	FA	Thieves	GS	
Eucalyptus	GS	FA FL	Peppermint	GS	FA	M-Grain	GS	
Elemi	GS	FA FL	Petitgrain	GS	FA	Purification	GS	
Fennel	GS	FA FL	Pine	GS	FA FL	Relieve It	GS	
Frankincense	GS	FA FL	Rose	GS	FA	Sacred Mountian	GS	
Galbanum	GS	FA FL	Rosemary	GS	FA	White Angelica	GS	
Geranium	GS	FA	Savory	GS	FA			
Ginger	GS	FA	Sage	GS	FA			
Goldenrod	GS		Sandalwood	GS	FA FL			
Grapefruit	GS	FA	Spearmint	GS	FA			
Helichrysum	GS	FA	Spikenard		FA			
Hyssop	GS	FA	Spruce	GS	FA FA			

Legend

GS- Generally Regarded as Safe by the FDA

FA - Food Additives

FL – Flavorings

Source: [Essential Oils Desk Reference Fifth Edition](#), Life Sciences Publishing. Page 1.50